Phase velocity and phase diffusion in periodically driven discrete-state systems

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We develop a theory to calculate the effective phase diffusion coefficient and the mean phase velocity in periodically driven stochastic models with two discrete states. This theory is applied to a dichotomically driven Markovian two-state system. Explicit expressions for the mean phase velocity, the effective phase diffusion coefficient, and the Péclet number are analytically calculated. The latter indicates as a measure of phase-coherence forced synchronization of the stochastic system with respect to the periodic driving and exhibits a "bona fide" resonance. In a second step, the theory is applied to a non-Markovian two-state system modeling excitable systems. The results prove again stochastic synchronization to the periodic driving and are in good agreement with simulations of a stochastic FitzHugh-Nagumo system.

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I. INTRODUCTION

Stochastic resonance as a phenomenon of noise-enhanced order in periodically driven stochastic systems has attracted considerable interest up to now [1-4]. A common approach to quantify this effect involves spectral-based measures such as the spectral power amplification and the signal-to-noise ratio. On the other hand, stochastic resonance can also be understood as a synchronization process between the input and the response of the system [3,5]. This interpretation achieves importance especially if dealing with larger amplitudes of the driving signal. Then analytical descriptions have to go beyond linear-response theory.

In general, two principal approaches were introduced in the past to describe the synchronization of a stochastic system by an external driving. The first one is basesd on the consideration of escape time densities to leave certain states of the dynamical system [6] and was investigated analytically, numerically simulated, and experimentally verified, especially for symmetric bistable situations [7–10]. A periodic driving modulates these densities and they exhibit maxima at times which correspond to time scales of the external driving. The area under the peak in the residence time distribution which corresponds to the driving frequency shows a maximum at a finite frequency. Stochastic resonance based on this measure was therefore considered as a "bona fide" resonance [7]. However, this maximum also persists without driving, due to the definition which depends on the driving frequency, and therefore the authors of [8] disputed the "bona fide" resonance.

The second approach goes back to Stratonovich, who looked at synchronization of nonlinear oscillators by periodic driving in the presence of noise [11]. For this purpose, one adopts a phase to the nonlinear oscillators and defines statistical properties of the stochastically behaving phase. If the mean phase velocity agrees with the frequency of the driving and at the same time the phase diffusion coefficient is small, then there exist on average a fixed phase relation between the driving and the output of the system.

This picture was recently transfered to models of stochastic resonance which are nonlinear but nonoscillating. It was possible to prescribe a phase to overdamped bistable as well as to excitable systems which monotonously increases in time [12–14]. Its mean velocities and effective phase diffusion constant were used to quantify synchronization between the output and the driving input. Likewise, as in stochastic resonance, synchronization appears at an optimal choice of the noise intensity since the level of noise determines the characteristic times of the stochastic system.

As a result, one finds plateaus of the mean frequencies of the output at values which correspond to the driving frequency or multiples of it [5,15-18]. These plateaus are accompanied with low phase diffusion coefficients indicating a synchronization on average. As a measure of synchronization, one uses the duration of locking epochs or a Péclet-number which is the ratio between the phase velocity and phase diffusion coefficient [19–21].

For bistable stochastic systems, a discrete state modeling has been proven very successful in the past [22,23]. It is based on a separation of time scales between the fast relaxation into the metastable states and the transition between these states, which happens on a slower time scale and build up of a Markovian discrete dynamics [24].

Also models of excitable behavior [25,26] can be mapped on two- or three-state dynamics [27–29]. These discrete state models still set up a renewal process [30]. However, contrary to bistable systems, they include nonexponentially distributed waiting time densities and are thus non-Markovian.

These discrete state systems will be endowed with a discrete phase which is introduced in Sec. II. As will be shown in our paper, both the Markovian and the non-Markovian model exhibit phase synchronization with respect to the periodic driving for optimal noise levels. We will quantify this effect by the mean phase velocity, phase diffusion coefficient, and the Péclet number. A unique approach to calculate these quantities in driven renewal models with two states will be presented in Sec. III. This approach is based on an envelope description of the phase [20,31].

Section IV applies the theory to bistable systems where Markovian rules were assumed for the transition between the discrete states. First results of this system with dichotomic periodic inputs were derived earlier in [19]. These results were recently improved in [32,33], which agrees with our findings in the case of the Markovian dynamics. We report, in addition, that the Péclet number which we propose as a measure of stochastic resonance exhibits a "bona fide" resonance.

Section V is devoted to a non-Markovian two-state system which models excitable behavior. Integral equations for the phase velocity and phase diffusion coefficient have to be numerically solved. Results of these computations show good quantitative agreement with numeric simulations of a stochastic periodically driven FitzHugh-Nagumo system.

II. TWO-STATE MODELS AND PHASE

Consider a periodically driven stochastic two-state system described by the probabilities $\mathbf{p}(t) = [p_1(t), p_2(t)]$ to be in state 1 or 2, respectively, at time *t*.

In general, these dynamics can be expressed in terms of the flux operators $\mathcal{J}_t^{i \to j}$ by

$$\dot{p}_1 = \mathcal{J}_t^{2 \to 1}[\mathbf{p}(\cdot)] - \mathcal{J}_t^{1 \to 2}[\mathbf{p}(\cdot)], \qquad (1)$$

$$\dot{p}_2 = \mathcal{J}_t^{1 \to 2}[\mathbf{p}(\cdot)] - \mathcal{J}_t^{2 \to 1}[\mathbf{p}(\cdot)], \qquad (2)$$

or, in a vectorial notion,

$$\dot{\mathbf{p}} = \mathbf{M}_t[\mathbf{p}(\cdot)] \tag{3}$$

with the master operator

$$\mathbf{M}_{t}[\mathbf{p}] = [\mathcal{J}_{t}^{2 \to 1}[\mathbf{p}] - \mathcal{J}_{t}^{1 \to 2}[\mathbf{p}], \ \mathcal{J}_{t}^{1 \to 2}[\mathbf{p}] - \mathcal{J}_{t}^{2 \to 1}[\mathbf{p}]].$$
(4)

The linear flux operators, which express the probability flux from state *i* to state *j* in terms of the occupation probabilities, depend explicitly on time *t* in a periodic way due to the periodic driving with period $T=2\pi/\Omega$,

$$\mathcal{J}_t^{i \to j} = \mathcal{J}_{t+T}^{i \to j}.$$
 (5)

In the Markovian case, these operators are local in time, i.e., multiplication operators,

$$\mathcal{J}_t^{i \to j}[\mathbf{p}(\cdot)](t) = \gamma_i(t)p_i(t)$$

The well known two-state model for bistable systems [22], which will be considered in more detail in Sec. IV, is of this type. In the non-Markovian case, the action of the flux operators $\mathcal{J}_t^{i\to j}$ on the probabilities p_1 and p_2 is nonlocal in time, i.e., the $\mathcal{J}_t^{i\to j}$ are integral operators. One example of this type is the discrete state model for excitable systems [28,29], whose flux operators are given by

$$\mathcal{J}_t^{1 \to 2}[\mathbf{p}(\cdot)](t) = \int_{t_0}^t d\tau w(t-\tau) \gamma(\tau) p_2(\tau)$$
$$\mathcal{J}_t^{2 \to 1}[\mathbf{p}(\cdot)](t) = \gamma(t) p_2(t),$$

where $w(\tau)$ is the waiting time distribution in state 1, which is not necessarily exponentially distributed and $\gamma(t)$ is again a time-dependent excitation rate from state 2 to 1. Note that in this case the flux operators depend explicitly on the initial time t_0 which breaks its periodicity (5). However, in the asymptotic case $t_0 \rightarrow -\infty$ this periodicity is restored. This model will be considered in Sec. V. Next we endow this system with a phase $\phi(t)$. Our goal is to evaluate the mean phase velocity

$$\bar{\omega} \coloneqq \lim_{t \to \infty} \frac{\langle \phi(t) \rangle}{t} \tag{6}$$

as well as the effective phase diffusion constant

$$\bar{D}_{\text{eff}} \coloneqq \lim_{t \to \infty} \frac{\langle \phi^2(t) \rangle - \langle \phi(t) \rangle^2}{2t}.$$
 (7)

These quantities are independent of the exact definition of phase, as long as the phase increases by 2π within one cycle $1 \rightarrow 2 \rightarrow 1$ of the system. For the sake of notational and computational convenience, we consider a phase which increases by 2π each time the system enters state 1. Then the probabilities $\mathbf{p}_k = [p_{1,k}, p_{2,k}]$ to be in state 1 or 2, respectively, and to have the phase $2\pi k$ are governed by

$$\dot{p}_{1,k} = \mathcal{J}_t^{2 \to 1}[\mathbf{p}_{k-1}] - \mathcal{J}_t^{1 \to 2}[\mathbf{p}_k], \qquad (8)$$

$$\dot{p}_{2,k} = \mathcal{J}_t^{1 \to 2}[\mathbf{p}_k] - \mathcal{J}_t^{2 \to 1}[\mathbf{p}_k].$$
(9)

These equations are similar to Eqs. (1) and (2), however the probability influx into state 1 for a given phase $2\pi k$ comes now from states with the phase $2\pi (k-1)$.

The mean phase as well as the mean-square phase are given in terms of the probabilities \mathbf{p}_k by

$$\begin{split} \langle \phi(t) \rangle &= \sum_{k=-\infty}^{\infty} 2\pi k [p_{1,k}(t) + p_{2,k}(t)], \\ \langle \phi^2(t) \rangle &= \sum_{k=-\infty}^{\infty} 4\pi^2 k^2 [p_{1,k}(t) + p_{2,k}(t)]. \end{split}$$

The instantaneous mean phase velocity $\omega(t)$ and instantaneous mean phase diffusion $D_{\text{eff}}(t)$ are then defined as

$$\omega(t) = \frac{d}{dt} \langle \phi(t) \rangle, \qquad (10)$$

$$D_{\rm eff}(t) = \frac{1}{2} \frac{d}{dt} [\langle \phi^2(t) \rangle - \langle \phi(t) \rangle^2]. \tag{11}$$

Asymptotically, i.e., for the initial time $t_0 \rightarrow -\infty$, the phase $\phi = 2\pi k$ will undergo a diffusional motion [32] with periodically varying effective phase velocity $\omega(t)$ and effective diffusion coefficient $D_{\text{eff}}(t)$. In this asymptotic regime, the mean phase velocity (6) and effective phase diffusion constant (7) can be expressed as the time-average over one period of the external driving of the time-dependent phase velocity and diffusion constant,

$$\bar{\omega} = \frac{1}{T} \int_0^T dt \,\omega(t) \text{ and } \bar{D}_{\text{eff}} = \frac{1}{T} \int_0^T dt D_{\text{eff}}(t).$$
 (12)

Although the phase velocity and effective phase diffusion constant (10) and (11) have a periodic asymptotic behavior, the probabilities $p_{1,k}$ and $p_{2,k}$ on which their calculation is based have no asymptotic solutions. In the following, we

derive equations for the asymptotic phase velocity and effective phase diffusion constant which only rely on asymptotic (cyclostationary) solutions of some equations and are therefore easier to deal with.

III. GENERAL THEORY

Our aim is to relate the asymptotic phase velocity and effective phase diffusion constant (12) to the microscopic dynamics (8) and (9). To this end, we introduce a continuous phase distribution $\mathcal{P}(\phi, t)$ as the envelope of the discrete phase distribution $p_{1,k}$ and $p_{2,k}$ [20,31] by defining its values at integer multiples of 2π as

$$\mathcal{P}(\phi = 2\pi k, t) \coloneqq p_{1,k}(t) + p_{2,k}(t).$$
(13)

The diffusional motion of the phase ϕ requires its distribution $\mathcal{P}(\phi)$ to obey the Fokker-Planck equation

$$\frac{\partial}{\partial t}\mathcal{P}(\phi,t) = \frac{\partial}{\partial \phi} \left(-\omega(t) + D_{\text{eff}}(t)\frac{\partial}{\partial \phi} \right) \mathcal{P}(\phi,t).$$
(14)

To establish the relation between $\omega(t)$ and $D_{\text{eff}}(t)$ and the microscopic dynamics (8) and (9), and we expand $p_{1,k}$ and $p_{2,k}$ according to

$$p_{i,k}(t) = \sum_{n=0}^{\infty} q_i^{(n)}(t) \frac{\partial^n}{\partial \phi^n} \mathcal{P}(\phi, t) \big|_{\phi=2\pi k}, \quad i = 1, 2.$$
(15)

This expansion describes how the probability to be in state 1 or 2 for a given phase $2\pi k$ at time $t, p_{1,k}(t)$ and $p_{2,k}(t)$, respectively, is related to the total probability to have a phase $2\pi k$, $\mathcal{P}(2\pi k, t)$, and its gradients.

The total probability $p_{1,k}(t) + p_{2,k}(t)$ to have a phase $2\pi k$ neglecting the internal state 1 or 2 is related to the continuous phase distribution by the defining equation (13), which in turn implies

$$q_1^{(0)}(t) + q_2^{(0)}(t) = 1, (16)$$

$$q_1^{(n)}(t) + q_2^{(n)}(t) = 0$$
 for $n \ge 1$.

Inserting the ansatz (15) into the master equations (8) and (9), using the Fokker-Planck equation (14) for the phase, and considering the coefficients of the different derivatives $\partial^n / \partial \phi^n \mathcal{P}(\phi, t)$ eventually leads to (cf. Appendix A) the following equations for $\mathbf{q}^{(n)} = [q_1^{(n)}, q_2^{(n)}]$:

$$\dot{\mathbf{q}}^{(0)} = \mathbf{M}_t[\mathbf{q}^{(0)}],\tag{17}$$

$$\dot{\mathbf{q}}^{(1)} = \mathbf{M}_t [\mathbf{q}^{(1)} + c_t^{(1)} \mathbf{q}^{(0)}] - 2 \pi \mathbf{J}_t^{\text{in}} [\mathbf{q}^{(0)}] + \omega(\cdot) \mathbf{q}^{(0)}, \qquad (18)$$

$$\dot{\mathbf{q}}^{(2)} = \mathbf{M}_t [\mathbf{q}^{(2)} + c_t^{(1)} \mathbf{q}^{(1)} + c_t^{(2)} \mathbf{q}^{(0)}] - 2\pi \mathbf{J}_t^{\text{in}} [\mathbf{q}^{(1)} + (c_t^{(1)} - \pi) \mathbf{q}^{(0)}] + \boldsymbol{\omega}(\cdot) \mathbf{q}^{(1)} - D_{\text{eff}}(\cdot) \mathbf{q}^{(0)}.$$
(19)

The operator

$$\mathbf{J}_t^{\text{in}}[\cdot] = \begin{pmatrix} \mathcal{J}_t^{2 \to 1}[\cdot] \\ 0 \end{pmatrix}$$

accounts for the influx into state 1 and we introduced

$$c_t^{(1)}(t') = \int_{t'}^t d\tau \omega(\tau),$$
$$c_t^{(2)}(t') = -\int_{t'}^t d\tau D_{\text{eff}}(\tau) + \omega(t) \int_{t'}^t d\tau (t-\tau) \omega(\tau).$$

 $\mathbf{q}^{(0)}$ in Eq. (17) shows the same dynamics as \mathbf{p} in the two-state system without phase (1) and (2), which one would also expect as this term corresponds to an equipartition of phases $\mathcal{P}(\phi, t)$ =const in the expansion (15). The higher-order terms $\mathbf{q}^{(n)}$ are corrections which emerge due to the fact that we are considering a nonequipartition of phases resulting in drift and diffusion.

Interestingly, if the action of the flux operators on the probabilities is local in time, i.e., in the Markovian case, the terms containing the $c_t^{(i)}$ are zero, as $c_t^{(i)}(t)=0$, and therefore the dynamics of the $\mathbf{q}^{(i)}$ considerably simplifies.

By summing up both components of the vectorial Eqs. (18) and (19), using the normalization condition (16) and the fact that $(\mathbf{M}_t)_1 + (\mathbf{M}_t)_2 = 0$, we arrive at

$$\boldsymbol{\omega}(t) = 2\pi \mathcal{J}_t^{2 \to 1}[\mathbf{q}^{(0)}](t), \qquad (20)$$

$$D_{\text{eff}}(t) = 2\pi \mathcal{J}_t^{2 \to 1} [-\mathbf{q}^{(1)} + (\pi - c_t^{(1)}) \mathbf{q}^{(0)}](t)$$

= $\pi \omega(t) + 2\pi \mathcal{J}_t^{2 \to 1} [-\mathbf{q}^{(1)} - c_t^{(1)} \mathbf{q}^{(0)}](t).$ (21)

The asymptotic mean phase velocity $\bar{\omega}$ and the asymptotic effective phase diffusion constant \bar{D}_{eff} can then be determined from the asymptotic (cyclostationary) solutions of Eqs. (17) and (18). Therefore, the calculation of the asymptotic effective diffusion constant is reduced to the solution of a cyclostationary problem, which in general is simpler than solving the whole nonstationary problem (8) and (9) with some initial conditions and then taking the asymptotic limit in Eq. (7).

In the following, the mean phase velocity and effective phase diffusion constant will be considered for two different models, namely a Markovian model [22], which approximates bistable systems and a non-Markovian model [29], which serves as an approximate description for excitable systems. For the dichotomically driven Markovian case, the mean phase velocity and effective phase diffusion constant can be explicitly calculated, while for the non-Markovian case solutions can only be obtained numerically.

IV. A MARKOVIAN TWO-STATE MODEL

We consider now a Markovian two-state system with periodically modulated rates $\gamma_2(t)$ and $\gamma_1(t)$. Its flux operators $\mathcal{J}^{1\to 2}$ and $\mathcal{J}^{2\to 1}$ are given by

$$\mathcal{J}_t^{1\to 2}[\mathbf{p}](t) = \gamma_1(t)p_1(t) \text{ and } \mathcal{J}_t^{2\to 1}[\mathbf{p}](t) = \gamma_2(t)p_2(t).$$

In this Markovian case, the equations, which govern the evolution of $\mathbf{q}^{(i)}(t)$, greatly simplify due to the fact that $c_t^{(i)}(t) = 0$. Equations (20) and (21) reduce to

$$\omega(t) = 2\pi\gamma_2(t)q_2^{(0)}(t)$$

$$D_{\rm eff}(t) = 2\pi^2 \gamma_2(t) q_2^{(0)}(t) - 2\pi\gamma_2(t) q_2^{(1)}(t).$$

The equations for $q_2^{(0)}(t)$ and $q_2^{(1)}(t)$ are given by

$$\dot{q}_2^{(0)}(t) = \gamma_1(t)q_1^{(0)}(t) - \gamma_2(t)q_2^{(0)}(t), \qquad (22)$$

$$\dot{q}_{2}^{(1)}(t) = \gamma_{1}(t)q_{1}^{(1)}(t) - \gamma_{2}(t)q_{2}^{(1)}(t) + \omega(t)q_{2}^{(0)}(t).$$
(23)

Equations (22) and (23) can be readily solved by the method of variation of constants, using $q_1^{(0)}(t) = 1 - q_2^{(0)}(t)$ and $q_1^{(1)}(t) = -q_2^{(1)}(t)$ [cf. Eq. (16)]. The asymptotic periodic solutions eventually read

$$q_2^{(0)}(t) = \frac{\int_0^T d\tau \gamma_1(t-\tau) \exp[-s(\tau,t)]}{1 - \exp[-s(T,t)]},$$
 (24)

$$q_2^{(1)}(t) = \frac{\int_0^T d\tau \omega(t-\tau) q_2^{(0)}(t-\tau) \exp[-s(\tau,t)]}{1 - \exp[-s(T,t)]},$$
 (25)

where $s(\tau,t) \coloneqq \int_{t-\tau}^{t} d\tau' [\gamma_1(\tau') + \gamma_2(\tau')]$. Note that s(T,t) no longer depends on *t*.

For a dichotomic symmetric driving with period $T = 2\pi/\omega$,

$$\gamma_{1}(t) = \begin{cases} r_{1} & \text{if } t \in \left[nT, \left(n + \frac{1}{2} \right)T \right) \\ r_{2} & \text{if } t \in \left[\left(n + \frac{1}{2} \right)T, (n+1)T \right) \end{cases}$$

and vice versa for $\gamma_2(t)$, Eqs. (24) and (25) can be readily evaluated leading after some cumbersome algebra to the mean phase velocity and effective phase diffusion constant

$$\bar{\omega} = \omega_0 + \alpha \Omega \tanh R \tag{26}$$

and

$$\overline{D}_{\text{eff}} = \pi \omega_0 \left[\frac{1}{2} + \alpha \left(\frac{1}{2} + \cosh^{-2} R \right) \right] + \pi \alpha \Omega \left[-1 + \alpha \left(\frac{1}{2} \cosh^{-2} R + 1 \right) \right] \tanh R, \quad (27)$$

where we have introduced the mean phase velocity without driving,

$$\omega_0 \coloneqq \frac{2\pi}{\frac{1}{r_1} + \frac{1}{r_2}},$$

a quantifier for the driving strength,

$$\alpha = \frac{(r_1 - r_2)^2}{(r_1 + r_2)^2},$$

and some ratio between inner time scale and driving frequency,

$$R = \frac{\pi(r_1 + r_2)}{2\Omega}$$

Without signal, i.e., $\alpha = 0$, Eq. (27) reduces to $\overline{D}_{\text{eff}=\pi\omega_0}$, which agrees with the result in [30], $\overline{D}_{\text{eff}=(2\pi)^2/2(\langle t^2 \rangle - \langle t \rangle^2)/\langle t \rangle^3}$.

Next we consider the small and large noise limits of the phase velocity $\bar{\omega}$ and phase diffusion constant \bar{D}_{eff} for the case of Arrhenius rates $r_{1/2}=r_0 \exp[-(\Delta U \pm A)/D]$. In this case, $\alpha = \tanh^2(A/D)$.

If for a fixed driving frequency the noise level is sufficiently small such that $R \ll 1$, Eqs. (26) and (27) reduce to

$$\begin{split} \overline{\omega} &\approx \omega_0 + \alpha \Omega R = \frac{\pi}{2} (r_1 + r_2) \approx \frac{\pi}{2} r_2, \\ \overline{D}_{\text{eff}} &\approx \pi \omega_0 \bigg(\frac{1}{2} + \frac{3}{2} \alpha \bigg) + \pi \alpha \Omega R \bigg(-1 + \frac{3}{2} \alpha \bigg) \\ &= \frac{\pi^2}{4} (r_1 + r_2) \approx \frac{\pi^2}{4} r_2, \end{split}$$

where in the last step we used the fact that r_2 dominates r_1 for small noise levels. Therefore, at the level of phase velocity and phase diffusion, the process behaves like a process without driving whose rates are both equal to $r_2/2$.

On the other hand, if the noise level is large and the driving frequency is small compared to r_0 such that $R \ge 1$, we get

$$\begin{split} \bar{\omega} &\approx \omega_0 + \alpha \Omega = 2\pi \frac{r_1 r_2}{r_1 + r_2} + \Omega \frac{(r_1 - r_2)^2}{(r_1 + r_2)^2}, \\ \bar{D}_{\text{eff}} &\approx \frac{\pi}{2} \omega_0 (1 + \alpha) + \pi \alpha \Omega (-1 + \alpha) \\ &= 2\pi^2 \frac{r_1 r_2 (r_1^2 + r_2^2)}{(r_1 + r_2)^3} - 4\pi \Omega \frac{(r_1 - r_2)^2}{(r_1 + r_2)^4}. \end{split}$$

The first terms in these expressions correspond to a process without driving with one rate equal to r_1 and the other equal to r_2 , while the second terms are corrections which vanish for vanishing driving frequency.

Between these regions, we have a competing behavior. If for a fixed driving amplitude A, the noise strength D is sufficiently small, such that $\alpha \approx 1$ and $\omega_0 \approx 0$, and simultaneously, for a fixed driving frequency Ω , D is sufficiently large such that $R \ge 1$, i.e., tanh $R \approx 1$, we have

$$\bar{\omega} \approx \Omega,$$

$$D_{\rm eff} \approx 0$$

i.e., frequency and phase locking occur.

Having calculated the effective diffusion coefficient and the mean phase velocity, we can evaluate the Péclet number

$$Pe := \frac{2\pi\bar{\omega}}{\bar{D}_{eff}},$$
(28)

which is a measure of the phase coherence.

In Fig. 1, the theoretical results (26)–(28), are compared to simulations of the driven two-state system. To compute these results, we have modified an algorithm presented in [34] taking into account that the transition rates are piece-



FIG. 1. Mean phase velocity ω (top), effective phase diffusion constant $D_{\rm eff}$ (middle), and Péclet number Pe (bottom) of the Markovian model for different values of the driving amplitude. Symbols are simulation data of the two-state system, lines according to Eqs. (26)–(28), respectively. Other parameters: $r_0=1$, $\Delta U=0.25$, and $\Omega = 0.001 \pi$. The deviation between theory and simulations in the Péclet number for low noise intensities is due to limited simulation time.

wise constant in time due to the dichotomic driving. Let us assume we start at time t in state 1 and the input defines the rate to have the value r_1 . Then we draw a random number τ according to the corresponding waiting time distribution $w_{r_1}(\tau) = r_1 \exp(-r_1\tau)$. If $t+\tau$ is smaller than the time t_s of the next switching of the input, we set the running time to $t+\tau$ and perform the transition to the second state of the system. This state 2 will be left with rate r_2 and we proceed accordingly (see Fig.2). On the contrary, if during the interval $[t,t+\tau]$ a switching of the input occurs, we set the running time equal to the switching time t_s but remain in state 1. After switching of the input, the rate for leaving state 1 is now r_2 and we proceed by drawing a new waiting time according to the new density $w_{r_2}(\tau)=r_2 \exp(-r_2\tau)$.

The Péclet number shows a maximum as a function of noise strength, indicating stochastic resonance (Fig. 3).For a strong driving, it varies over several orders of magnitude with varying noise strength *D*. Interestingly, the Péclet number shows also a nonmonotonic behavior as a function of



FIG. 2. Péclet number Pe of the Markovian model as a function of driving frequency Ω for different noise values showing a "bona fide" resonance. A=0.2, other parameters as in Fig. 1. The inset shows the driving frequency (solid line) at which the Péclet number attains its maximum and the intrinsic frequency ω_0 without driving (A=0) (dashed line) as a function of noise strength.



FIG. 3. Mean phase velocity $\bar{\omega}$ (top, inset), effective phase diffusion constant $\bar{D}_{\rm eff}$ (top), and Péclet number Pe (bottom) of the non-Markovian model for different values of the driving frequency Ω . Symbols are simulation data of the two-state system, lines according to numerical evaluation of the theory. Other parameters: T=2800, $r_0=0.0044$, $\Delta U=5.6 \times 10^{-5}$, and $A=5.0 \times 10^{-5}$.

driving frequency for a fixed noise level, i.e., using this number as a measure of the quality of the response to the external signal, we discover a "bona fide" resonance.

V. EXCITABLE SYSTEMS

In this section, we consider the phase velocity and diffusion of a non-Markovian model [29]. This two-state model mimics the dynamics of an excitable system by dividing it into an excitation step and the evolution along the excitation loop. Its dynamics is given by

$$\dot{p}_1(t) = \gamma(t)p_2(t) - \int_{t_0}^t d\tau w(t-\tau)\gamma(\tau)p_2(\tau), \qquad (29)$$

$$\dot{p}_{2}(t) = -\gamma(t)p_{2}(t) + \int_{t_{0}}^{t} d\tau w(t-\tau)\gamma(\tau)p_{2}(\tau), \quad (30)$$

with initial conditions

$$p_1(t_0) = 0$$
 and $p_2(t_0) = 1$. (31)

State 2 represents the rest state, in which we start at initial time t_0 . From there, the system is excited due to noise and the external periodic subthreshold signal, leading a rate process with rate $\gamma(t)$, which depends periodically on time. This Markovian excitation step is described by

$$\mathcal{J}_t^{2 \to 1}[\mathbf{p}](t) = \gamma(t)p_2(t). \tag{32}$$

State 1 accounts for the motion on the excitation loop on which the system spends a time distributed according to the waiting time distribution $w(\tau)$, which is assumed not to depend on the weak external driving. The flux from state 1 back to state 2 is then expressed in terms of the flux from state 2 to state 1 at prior times τ between t_0 to $t \gamma(\tau)p_2(\tau)$, which renders the description non-Markovian, leading to the flux operator

$$\mathcal{J}_t^{1\to2}[\mathbf{p}](t) = \int_{t_0}^t d\tau w(t-\tau)\gamma(\tau)p_2(\tau).$$
(33)

Note that this operator depends explicitly on the initial time t_0 .

To calculate the asymptotic periodic solution, it will be useful to first formally integrate Eqs. (29) and (30), taking into account the initial conditions (31) and then taking the initial time t_0 to $-\infty$. The resulting equations are

$$p_1(t) = \int_0^\infty d\tau z(\tau) \,\gamma(t-\tau) p_2(t-\tau), \tag{34}$$

$$p_2(t) = 1 - \int_0^\infty d\tau_Z(\tau) \, \gamma(t-\tau) p_2(t-\tau), \qquad (35)$$

where $z(\tau) = 1 - \int_0^{\tau} d\tau' w(\tau')$ is the probability to spend a time longer than τ on the excitation loop. By differentiating these equations with respect to *t*, one recovers the original Eqs. (29) and (30) in the limit $t_0 \rightarrow -\infty$ [35].

If we take into account the phase, Eq. (34) has to be replaced by

$$p_{(1,k)}(t) = \int_0^\infty d\tau z(\tau) \, \gamma(t-\tau) p_{(2,k-1)}(t-\tau). \tag{36}$$

We also have to take care of the flux operator $\mathcal{J}_t^{1\to 2}$ which in the asymptotic case is given by [cf. Eq. (33)]

$$\mathcal{J}_t^{1\to2}[\mathbf{p}](t) = \int_0^\infty d\tau w(\tau) \,\gamma(t-\tau) p_2(t-\tau). \tag{37}$$

In the following, we assume a fixed waiting time *T* on the excitation loop, i.e., $w(\tau) = \delta(T - \tau)$ and $z(\tau) = \theta(T - \tau)$. Such an assumption is justified in the low noise limit for, e.g., FitzHugh-Nagumo models (cf. Fig. 6). In this case, Eq. (37) simplifies to

$$\mathcal{J}_t^{1\to2}[\mathbf{p}](t) = \gamma(t-T)p_2(t-T).$$
(38)

Then, according to Eqs. (20) and (21), the time-dependent phase velocity $\omega(t)$ and effective phase diffusion constant $D_{\text{eff}(t)}$ are given by

$$\omega(t) = 2\pi\gamma(t)q_2^{(0)}(t), \qquad (39)$$

$$D_{\rm eff}(t) = -2\pi\gamma(t)q_2^{(1)}(t) + 2\pi^2\gamma(t)q_2^{(0)}(t), \qquad (40)$$

which are the same expressions as in the Markovian case, as the flux operator $\mathcal{J}_t^{2\to 1}$ is the same. However, the equations governing the $\mathbf{q}^{(i)}$ are different. Following the same procedure we used to treat Eqs. (8) and (9), Eq. (36), together with normalization, the condition (16) leads to

$$1 - q_2^{(0)}(t) = \int_0^T d\tau \gamma(t - \tau) q_2^{(0)}(t - \tau)$$
(41)

$$-q_{2}^{(1)}(t) = \int_{0}^{T} d\tau \gamma(t-\tau) q_{2}^{(1)}(t-\tau) + \int_{0}^{T} d\tau \gamma(t-\tau) q_{2}^{(0)}(t-\tau) \left(\int_{0}^{\tau} d\tau' \,\omega(t-\tau') - 2\,\pi \right).$$
(42)

The periodic solutions of Eqs. (41) and (42) can be numerically obtained in Fourier space using a linear solver like LAPACK.

To investigate the role of noise on the synchronization in an excitable system, we choose an Arrhenius-type excitation rate for the transition from the rest state 2 onto the excitation loop 1. We further assume that the external driving acts as a modulation of the potential barrier. Again we consider a dichotomic periodic driving, i.e., the excitation rate $\gamma(t)$ periodically switches between the two values $r_1 = r_0 \exp[-(\Delta U - A)/D]$ and $r_2 = r_0 \exp[-(\Delta U + A)/D]$.

The resulting phase velocity, effective phase diffusion, and Péclet number as a function of noise strength D are shown in Fig. 3. As in the case of bistable systems, we observe frequency and phase locking, however there exist preferred driving frequencies for which high synchronization is achieved and other frequencies which show no synchronization at all.

The Péclet number shows a local maximum at a finite noise strength. Contrary to the bistable situation, however, the phase diffusion constant decreases again and the Péclet number therefore increases for large noise levels. This behavior is originated in the fixed time T on the excitation loop. Taking into account the high rate and therefore small waiting time and variance of the excitation step for high noise levels, this leads to a low variance of the spiking, which implies a low diffusion does not imply synchronization since the frequencies are not locked. Also we note that in real excitable systems the behavior differs. For higher noise levels, the time spent on the excitation loop will have a variance in these systems which yields an increasing phase diffusion with growing noise.

As seen in Fig. 3, the synchronization behavior strongly depends on the driving frequency. To further analyze this effect, we have plotted in Fig. 4 the mean phase velocity, phase diffusion coefficient, and the Péclet number as a function of the driving frequency. They show a complex sequence of different locking regions between the driving and the system's response [36,37], represented by shaded regions. In these locking regions, the effective phase diffusion is small (see Fig. 5). We mention that the maximal frequency of the excitable system is $\bar{\omega}_{max}=2\pi/T$, where *T* is the time on the excitation loop. There cannot be 1:1 synchronization for $\Omega > \bar{\omega}_{max}$.

Let us for a moment assume the extreme case where one excitation rate r_1 is infinity and the other r_2 is zero. Then the system remains in the rest state as long as the input causes the vanishing excitation rate. After the input changes, the system immediately starts with the excitation loop, where it stays at time *T*. For a 1:1 locking, this time *T* must be larger than half the period but smaller than the full period $2\pi/\Omega$ of the driving. Otherwise, if the duration of the excitation loop would be smaller than half the period, the system returns to the rest state where it immediately starts a new excitation. As a consequence, 1:n locking, where the output frequency is *n* times higher than the input frequency, occurs if the period of the driving is between (n-1/2)T and nT.

The opposite case where a fast input locks a slow output occurs if multiple periods of the input fit into the excitation time. During the excitation, the system does not respond to the changes of the input. If the input has the phase with long waiting time after the system has completed the excitation loop, it has to wait until the input changes to the phase with the small waiting time, leading to an n:1 synchronization where n is the number of signal periods which fit into the excitation time T.

However, if the system finds the high excitation rate after excursion, it immediately starts a new excitation loop and repeats these until it will find the phase with long waiting times. This yields an n:m frequency locking with n > m. Note that there are no n:m locking modes with n < m except the 1:m modes described above.

Realistic noise-dependent time scales will weaken the extreme behavior of the situation considered above. There are two competing effects: increasing the noise increases r_1 as well as r_2 while decreasing the noise increases the ratio between r_1 and r_2 and therefore the effect of the driving.



FIG. 4. Mean phase velocity $\bar{\omega}$ (top), effective phase diffusion constant \bar{D}_{eff} (middle), and Péclet number Pe (bottom) of the non-Markovian model as a function of driving frequency Ω for D=0.000 01. The selected shaded regions are a guide for the eye to show that regions of frequency synchronization are accompanied with a small effective phase diffusion and therefore with a high Péclet number. Other parameters: T=2800, $r_0=0.0044$, $\Delta U=5.6$ $\times 10^{-5}$, and $A=5.0 \times 10^{-5}$.

Hence, we find synchronization in a finite window of noise intensities where the two activation times enclose the time T on the excitation loop,

$$\frac{1}{r_1} \ll T \ll \frac{1}{r_2}.$$
(43)

We point out that this latter time plays the essential role within the synchronization process, i.e., this time scale and the period of the external drive have to be tuned appropriately to get phase synchronization. Noise as well as the amplitude of driving define the two excitation rates and have to be chosen such that Eq. (43) is optimally fulfilled, i.e., that the input acts as much as possible as an on-off switch on the excitation process. A deviation from this extremal behavior leads to a narrowing of the driving frequency windows amenable to frequency locking and a shift of these windows to lower frequencies.



FIG. 5. Effective phase diffusion constant D_{eff} of the non-Markovian model, as a function of driving frequency Ω and noise level *D*. The black lines show regions of frequency locking (1 $-\epsilon)\Omega < n\overline{\omega} < (1+\epsilon)\Omega$, $\epsilon = 0.01$ with (from left to right) *n* $= 3, 2, 1, \frac{1}{2}$. These regions of frequency locking coincide with low phase diffusion. Other parameters as in Figs. 3 and 4.

Inequality (43) allows for an estimation of noise levels, for which one can expect synchronization. If, in particular, we specify this inequality by $1/r_1 < T/4$ and $1/r_2 > 4T$, the parameters used in Fig. 5 lead to a noise range from $D \approx 5 \times 10^{-6}$ to $D \approx 3 \times 10^{-5}$, which coincides with the range of noise levels for which phase synchronization is actually observed.

Finally, we compare the theory to a dynamical system with excitable dynamics, namely the FHN model [38,39],

$$\dot{x} = x - x^3 - y + \sqrt{2D\xi(t)},$$

$$\dot{y} = \epsilon [x + a_0 - a_1 y - s(t)].$$
 (44)

This system is driven by a dichotomic periodic signal s(t) with values $\pm A$, where A = 0.015. Setting $a_0 = 0.405$ and $a_1 = 0.5$, the system is in the excitable regime for both values of the signal, i.e., the signal is a subthreshold signal. We further



FIG. 6. Interspike interval distribution of the FHN system (44) with constant signal s(t)=0.04 for a low noise level $D=10^{-5}$ and strong time scale separation $\epsilon=0.001$. Other parameters, see text.



FIG. 7. Comparison between theory and FHN system for mean phase velocity $\bar{\omega}$ (top) and effective phase diffusion constant $\bar{D}_{\rm eff}$ (bottom) as a function of driving frequency. Other parameters, see text.

consider a strong timescale separation $\epsilon = 0.001$ as well as a small noise level $D = 10^{-5}$. The phase of the system is defined to increase by 2π each time a spike is generated. From simulations of the interspike interval distribution (see Fig. 6) for constant signal $\pm A$, we find the corresponding parameters of the two-state model to be $T \approx 2620$, $r_1 \approx 0.0087$, and $r_2 \approx 8.3 \times 10^{-8}$.

The results for the phase velocity $\bar{\omega}$ and effective phase diffusion constant \bar{D}_{eff} for the FHN system [numerical simulation of Eqs. (44)] and the theory (39) and (40) are shown in Fig. 7. They show a good qualitative agreement over a large range of driving frequencies. The deviation for larger driving frequencies is due to the fact that, in contrast to the assumptions of our two-state model, the time *T* spent on the excitation loop depends if only weakly on the driving.

VI. CONCLUSIONS

We have derived a general theory to calculate the asymptotic effective phase velocity and phase diffusion constant in periodically driven two-state systems. This theory was applied to two different two-state models, one with Markovian dynamics representing bistable systems and the other with non-Markovian dynamics, modeling excitability.

In the Markovian case, analytical results have been calculated for dichotomic driving with arbitrary driving amplitudes. We found phase synchronization for optimal noise intensities if Arrhenius-type rates for the transitions between the states are assumed. The mean frequency of the system is locked to the frequency of the external stimulus and the effective phase diffusion coefficient becomes vanishingly small. The Péclet number, however, shows a maximum not only as a function of noise strength but also as a function of driving frequency, i.e., a "bona fide" resonance. Frequency locking occurs as long as the driving frequency is smaller than the maximal transition rates which are attained for large noise.

In the non-Markovian case, the phase velocity, phase diffusion coefficient, and Péclet number also prove phase synchronization between input and output. However, the picture differs from the previous case showing a sequence of frequency-locking modes. These different regions of locking are accompanied with low phase diffusion. The main conditions for locking are expressed by relations between the driving frequency Ω and the time T spend on the excitation loop. The noise-dependent and periodically modulated transition rates from the rest to the excited state act as a switch for the spiking. 1:n locking, i.e., a slow input and fast output, occurs for a certain window of noise intensities if, in a first approximation, the driving frequency is between $2\pi/[(n$ (-1/2)T and $2\pi/(nT)$, respectively. For the opposite case of fast input and slow output, we find 1:n but also m:n, m< n frequency locking. The theoretical results for the non-Markovian model of excitable systems agree well with simulations of a FitzHugh-Nagumo system.

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APPENDIX A

Our aim is to express the phase distribution $\mathcal{P}(\phi - \Delta \phi, t - \tau)$ in terms of $\mathcal{P}(\phi, t)$ and its derivatives with respect to ϕ , $\partial^n / \partial \phi^n \mathcal{P}(\phi, t)$. To this end, we start by expanding $\mathcal{P}(\phi - \Delta \phi, t - \tau)$ in a Taylor series around ϕ and t,

$$\mathcal{P}(\phi - \Delta \phi, t - \tau) = \sum_{n=0}^{\infty} \sum_{m=0}^{\infty} \frac{1}{n!m!} \left(\frac{\partial^n}{\partial \phi^n}\right) \\ \times \left(\frac{\partial^m}{\partial t^m}\right) \mathcal{P}(\phi, t) (-\Delta \phi)^n (-\tau)^m.$$

To process the time derivatives, we use the Fokker-Planck equation (14)

$$\frac{\partial}{\partial t}\mathcal{P}(\phi,t) = \frac{\partial}{\partial \phi} \left(-\omega(t) + D_{\text{eff}}(t) \frac{\partial}{\partial \phi} \right) \mathcal{P}(\phi,t),$$

taking care of the explicit time dependence of $\omega(t)$ and $D_{\text{eff}}(t)$, which leads to

$$\mathcal{P}(\phi - \Delta\phi, t - \tau) = \mathcal{P}(\phi, t)$$

$$- \left[\Delta\phi + \sum_{m=1}^{\infty} \frac{(-\tau)^m}{m!} \frac{\partial^{m-1}\omega(t)}{\partial t^{m-1}} \right] \frac{\partial}{\partial\phi} \mathcal{P}(\phi, t)$$

$$+ \left[\frac{1}{2} \Delta\phi^2 + \sum_{m=1}^{\infty} \frac{(-\tau)^m}{m!} \frac{\partial^{m-1}D_{\text{eff}}(t)}{\partial t^{m-1}} \right]$$

$$+ \omega(t) \sum_{m=2}^{\infty} \frac{(-\tau)^m}{m(m-2)!} \frac{\partial^{m-2}\omega(t)}{\partial t^{m-2}}$$

$$+\Delta\phi\sum_{m=1}^{\infty}\frac{(-\tau)^m}{m!}\frac{\partial^{m-1}\omega(t)}{\partial t^{m-1}}\Bigg]\frac{\partial^2}{\partial\phi^2}\mathcal{P}(\phi,t)+O(3),$$

where O(3) denotes third or higher derivatives of $\mathcal{P}(\phi, t)$ with respect to ϕ . The sums containing the derivatives of $\omega(t)$ and $D_{\text{eff}}(t)$ can be further evaluated, leading to

$$\sum_{n=1}^{\infty} \frac{(-\tau)^m}{m!} \frac{\partial^{m-1} \omega(t)}{\partial t^{m-1}} = -\sum_{m=0}^{\infty} \frac{1}{m!} \frac{\partial^m \omega(t)}{\partial t^m} \int_0^{\tau} d\tau' (-\tau')^m$$
$$= -\int_0^{\tau} d\tau' \,\omega(t-\tau')$$

and analogously

$$\sum_{m=1}^{\infty} \frac{(-\tau)^m}{m!} \frac{\partial^{m-1} D_{\text{eff}}(t)}{\partial t^{m-1}} = -\int_0^{\tau} d\tau' D_{\text{eff}}(t-\tau')$$

and

$$\sum_{m=2}^{\infty} \frac{(-\tau)^m}{m(m-2)!} \frac{\partial^{m-2}\omega(t)}{\partial t^{m-2}} = \int_0^{\tau} d\tau' \,\tau' \,\omega(t-\tau').$$

Thus we eventually arrive at

$$\begin{aligned} \mathcal{P}(\phi - \Delta\phi, t - \tau) &= \mathcal{P}(\phi, t) + \left[c_t^{(1)}(t - \tau) - \Delta\phi\right] \frac{\partial}{\partial\phi} \mathcal{P}(\phi, t) \\ &+ \left[\frac{1}{2}(\Delta\phi)^2 - \Delta\phi c_t^{(1)}(t - \tau) + c_t^{(2)}(t - \tau)\right] \\ &\times \frac{\partial^2}{\partial\phi^2} \mathcal{P}(\phi, t) + O(3), \end{aligned}$$

where

$$c_t^{(1)}(t') = \int_{t'}^t d\tau \omega(\tau),$$

$$c_t^{(2)}(t') = -\int_{t'}^t d\tau D_{\text{eff}}(\tau) + \omega(t) \int_{t'}^t d\tau (t-\tau) \omega(\tau).$$

Next we insert our ansatz (15)

$$\mathbf{p}_{k}(t) = \sum_{n=0}^{\infty} \mathbf{q}^{(n)}(t) \frac{\partial^{n}}{\partial \phi^{n}} \mathcal{P}(\phi, t) \big|_{\phi = 2\pi k}$$

into the dynamical equations (8) and (9),

$$\dot{p}_{(1,k)} = \mathcal{J}_t^{2 \to 1}[\mathbf{p}_{k-1}] - \mathcal{J}_t^{1 \to 2}[\mathbf{p}_k], \qquad (A1)$$

$$\dot{p}_{(2,k)} = \mathcal{J}_t^{1 \to 2}[\mathbf{p}_k] - \mathcal{J}_t^{2 \to 1}[\mathbf{p}_k].$$
(A2)

Using again the Fokker-Planck equation (14), the left-hand side of Eqs. (A1) and (A2) is given by

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 $\mathcal{J}_t^{t \to J}$

$$\frac{d}{dt}\mathbf{p}_{k}(t) = \sum_{n=0}^{\infty} \left(\frac{d}{dt}\mathbf{q}^{(n)}(t)\right) \frac{\partial^{n}}{\partial\phi^{n}} \mathcal{P}(\phi, t) + \sum_{n=0}^{\infty} \mathbf{q}^{(n)}(t) \frac{\partial^{n+1}}{\partial\phi^{n+1}} \left(-\omega(t) + D_{\text{eff}}(t) \frac{\partial}{\partial\phi}\right) \mathcal{P}(\phi, t).$$

The different terms on the right-hand side of Eqs. (A1) and (A2) read

$$\begin{split} \begin{bmatrix} \mathbf{p}_{k-1} \end{bmatrix} \\ &= \sum_{n} \mathcal{J}_{t}^{i \to j} [\mathbf{q}^{(n)}] \bigg(\frac{\partial^{n}}{\partial \phi^{n}} - 2\pi \frac{\partial^{n+1}}{\partial \phi^{n+1}} \\ &+ 2\pi^{2} \frac{\partial^{n+2}}{\partial \phi^{n+2}} \bigg) \mathcal{P}(\phi, t) \end{split}$$

$$+ \mathcal{J}_{t}^{i \to j} [c_{t}^{(1)} \mathbf{q}^{(n)}] \left(\frac{\partial^{n+1}}{\partial \phi^{n+1}} - 2\pi \frac{\partial^{n+2}}{\partial \phi^{n+2}} \right) \mathcal{P}(\phi, t)$$
$$+ \mathcal{J}_{t}^{i \to j} [c_{t}^{(2)} \mathbf{q}^{(n)}] \frac{\partial^{n+2}}{\partial \phi^{n+2}} \mathcal{P}(\phi, t) + O(n+3),$$

$$\begin{split} \mathcal{J}_{t}^{i \to j}[\mathbf{p}_{k}] &= \sum_{n} \mathcal{J}_{t}^{i \to j}[\mathbf{q}^{(n)}] \frac{\partial^{n}}{\partial \phi^{n}} \mathcal{P}(\phi, t) \\ &+ \mathcal{J}_{t}^{i \to j}[c_{t}^{(1)}\mathbf{q}^{(n)}] \frac{\partial^{n+1}}{\partial \phi^{n+1}} \mathcal{P}(\phi, t) \\ &+ \mathcal{J}_{t}^{i \to j}[c_{t}^{(2)}\mathbf{q}^{(n)}] \frac{\partial^{n+2}}{\partial \phi^{n+2}} \mathcal{P}(\phi, t) + O(n+3) \,. \end{split}$$

Equating now the coefficients of $\mathcal{P}(\phi, t)$, $(\partial/\partial\phi)\mathcal{P}(\phi, t)$ and $(\partial^2/\partial\phi^2)\mathcal{P}(\phi, t)$ finally leads to Eqs. (17)–(19).

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